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| VOLUME 11, NO. 3(\#453) | THURSDAY, JANUARY 26, 2023 | www.northchannelstar.com |



## Investiture Ceremon(ies) for Judge Dolores Lozano

By Allan Jamail
Pasadena, TX. - SaturPasadena, TX.-Satur-
day, January 21, 2023 at 11 a.m. the Honorable Judge Dolores Lozano's Ceremonial Investiture was conducted. She re-
ceived the oath from Conceived the oath from Congressman Al Green with wood holding a Bible (see photo).
Judge Lozano, Demo rat became the first fe ale to be elected to th ustice 2, Place 2 Court, and the first Hispanic to be elected to it. She won the eat on November 8, 2022 in a landslide, getting votes. She assumed office on January 1, 2023 by taking her official oath from State Representa-


Longressman al Green administers oath of office to Judge Dolores
Lozano, husband Kory Haywood holds the Bible. (Photo by Allan


Group photo of elected officials \& staff with Judge Lozano (centered behind front group) Photo by Allan Jamail)
tive Ana
photo).
To witness the even there was a standing room only crowd in he court room. The large group was composed of family members, friend and so many elected oflu
cials both former and cur rent to be listed here.
Like so many Mexican Like so many Mexican-
American families, she American families, she
was born to working-class warents who entered the workforce straight out of high school. She is the daughter of Precinct Chief Deputy Lillian Lozano and 37-Year Local Lozano.
As the eldest of three girls, Dolores grew up CONTINUED. SEE JUDG

Crawfish Season now open in Crosby!


North Channel's Rising Star Arleth Santos


## SHELDON ISD NEWS Sheldon ISD Recognizes School Resource Officers



Sheldon ISD Board Members and administration recognized Sheldon ISD's law enforcement in honor of Law Enforcement Appreciation Day on January 9. School
resource officers were presented a certificate and recognized at the January 17 school board meetings. Sheldon ISD is grateful for the hard work and dedication of our officers.

## GALENA PARK ISD NEWS

A Message From The Superintendent


Galena Park Libraries Win for Literacy
KHS Students Pass Drone Certification Pilot Test


Sheldon Recognizes Staff Member for Outstanding Customer Service
This week, administra-
tors surprised a Sheldon
ISD employee with the
CARE a ward which
stands for Caught Acting
and Responding with Ex-
cellence. The award, in
partnership with Wood-
forest Bank, is presented
to employees who are
nominated by their peers
and community for their
dedication to serving the
students and staff of
Sheldon ISD with exem-
plary customer service
skills. The winner is list-
ed below:
Brooke Luther -

"people-first" attitude \& "student-first" attitude first. Regardless of the
day she is having or how full her schedule is she always makes sure that her students are taken care of and that parents/ staff/community are informed of events and takes care of others with
out hesitation. out hesitation. receive a $\$ 100$ gift card from Woodforest Bank. The award is presented quarterly to Sheldon ISD employees.


Winning campus representatives, Dr. John Moore, Superintendent of Schools and Wanda Heath Johnson, GPISD Board Trustee
Houston, TX: Galena Senior High School was lives through the power of Park ISD recognized North awarded $\$ 5,000$ for their literacy.
Shore Senior High School, campus library, and North A certificate was pre ter, and Purple Sage Ele Shore ${ }^{\prime \prime}$ Grade Center sented to representative ter, and Purple Sage Ele-
mentary School Purple Sage Elemen-
for
from each campus on bereceiving school and class- $\$ 250$ for their respective ISD Board of Trustees and receiving school and class-
room awards from the Bar- $\quad \begin{aligned} & \$ 250 \\ & \text { campuses. The ferpective }\end{aligned}$ funds will $\quad$ Dr. John Moore, Superin$\begin{array}{lll}\text { bara Bush Houston } & \text { be used to continue the } & \text { tendent of Schools. } \\ \text { Literacy Foundation } & \text { mission of the Barbara } & \text { Story Credit: Dr. Tom }\end{array}$ Literacy Foundation mission of the Barbara Story Credit: Dr. Tom through the iWrite Litera-
cy Program. North Shore Foundation by improving $\quad$ mhoto Credit
Social Studies Bee Winners Recognized at GPISD Board



## Living Life

Look over your calendar for the past two weeks. Did you find yourself spending more time with those who resemble you? On the other hand, did you find yourself spending more time with people records, what do you notice?
Over the past decade, our city has become home for people of over one hundred nationalities. There are over seventy-five consulate offices and am the first to admit that I am often at a loss, as I only speak one language.
In the city that was once limited to Christians and Jews, there are now many different religions variety of churches, mosques, temples and synagogues.
There are families in our community that present three or four generations living in the ame neighborhood. In some parts of Harris particularly in communities that started in the past thirty years. In some of the communities in the southwest part of the city, one family may actually own multiple homes on the same street. Depending on what type of profession that you work in, you can easily have coworkers from multiple backgrounds. Some of them have been in the workforce for less than five years, whereas ome may have been in the workplace for five decades. Some of these individuals may have gone from high school to work and some have multiple club hegres. If you are ition will have an opportunity to meet many individuals who have diverse backgrounds. Gone are the days where each person has similar backgrounds. Yet, there are a few common areas in all of our lives. People all want to be respected, valued and accepted. Most people you talk to have a desire to love and to have others love them. I believe that most of our neighbors have a desire to work hard and have something to show for it. Even while the crime rate rises, I believe most people have a good heart. I have never met someone who wanted people who felt as though they had no options except to make a poor choice. I feel that if we wa o have a better life, we must share our opinions with others and if we know of a resource, we should share that as well.

- Recently, I had someone ask why Americans are so quick to rent a storage building to store extra items, sometimes for years, instead of giving them nd would less fortunate. In thinking about that your excess items and find someone to share them with, especially instead of paying a storage fee. Perhaps the money you had been paying for storage could be set aside for your next vacation. Take the time to listen to others and ask yourself what you can do differently this year


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A Couple Dead in Apparent Murder-

## Suicide in Channelview



Teen finds couple dead from apparent murder-suicide at apartment in Channelview area, deputies say
"It's tragic that a teenger had to witness this," Harris County Sheriff Ed Gonzalez said.
Police are investigating an apparent murder-suiman were found dead inside an apartment Wednesday morning in the Channelview area, according to the Harris County heriffs Office
HOUSTON - Police are murder-suicide after a woman and man were found dead inside an apartment Wednesday morning in the ChannelHarris County Sheriff's Office.
Deputies responded to an apartment complex, loBlvd., in regards to a domestic violence incident.

They found the 28 -year old man and 25 -year-old woman suffering from fa tal gunshot wounds. Inves-
tigators believe the couple tigators believe the couple
were dating possibly 10 years and living together for five years.
According to investiga tors, the man was drunk the night before and argu throughout the night. The teen, who is the man's 15 year-old brother, was at the home at the time and heard gunshots around
5:30 a.m. The t walked into the bedroom and found them shot to death, according to Sheriff Ed Gonzalez.
He said the
He said the couple had lence and abuse. Family members who live in the area are coordi nating with Child Protec the teen goes to a safe the teen goes to a saf
home.

## A NEW STAR IS RISING,

CONTINUED FROM PAGE
hand gesture tech-
niques with her dancing niques with her dancing
motions were amazing for someone her age. Using the full power of her beau-
tiful voice along with her tiful voice along with her
physical acts was an astonphysical acts was an Arleth has been singing for about two years, she's taking singing lessons and
wants to have a singing career. She became inspired to sign from watching famous singers on TV. Her preferred music is, Te-
ano, Rancheras \& TexMex music.
She's performed at the Harris County Sheriff's gagement event, birthday parties and community centers.
Silverio Santos, her dad coordinated the music of
her song selections to come her song selections to come system.
Vience Ramos from Vience Ramos from
Houston's Symphony Or-
chestra volunteered his time and played digitally niors danced to. Upon entering the hall everyone was given a raf fle ticket for gifts to be giv
en away. Gifts were en away. Gifts were
donated by JC Officials, State Representative Ana Hernandez represented by Linda Jamail, Community Liaison, Congresswoman Sheila Jackson Lee repre-
sented by Yuroba Harris, sented by Yuroba Harris,
Chief District Director and JC Capital Bank, represented by Al Gutierrez, Vice President/Branch Manager. Jacinto City's
Branch.
Arleth Santos can be
reached by email at: arlethes12@icloud.com, Instagram: santos.arleth12,
Facebook: Arlath Facebook: Arleth Caro
Santos and YouTube: Santos and
leth Santos.

Dealing with the loss of a loved one is never easy, but maybe these guys can help!



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## ASK DLAMOND JIM

## Diamond Jim:

"Finding the Perfect Diamond for an Engagement Ring"

Despite more choices and variety than ever before, diamonds remain the most popular main stone in engagement rings. Timeless and classic, a diamond is
the center gem that is most durable and full of romance and tradition. With so many custom ring designs, many people are looking for tips for finding the perfect diamond for an engagement ring. It can be overwhelming for first-time shoppers-which most people are-so read on to find out more


An engagement ring is one of the greatest purchase you will ever make, and hopefully only once in your
life, so you would like to make sure that you ar life, so you would like to make sure that you are doing it right. Expense-wise, an engagement ring is often the after a home and car, but more importantly, you want the ring to reflect your love for your partner.
Before making your decision, here are some tips you need to consider to ensure you purchase the perfect fing for your partner-one that they will treasure

Diamond Shape
When selecting an engagement ring, the shape is where you should start. All else aside, this is where you should try to gauge your partner's preferences. Carat, color, and clarity are less obvious, but the wrong shape can wreck a piece in someonea syes.
Round diamonds are still the most popular due to their maximum sparkle, but other shapes that follow in popularity are princess, cushion, oval, pear, and emerald. Again, since it's such a matter of preference, try your best to find out the shape your partner

## Size

After shape, size is one of the most visually apparent aspects of a diamond. Be fair with yourself and se a budget. If size is the most important thing to you,
then maybe you compromise a little bit on clarity and color in order to get a higher-carat diamond. While most buyers approximate the weight of the diamond based on the carat, you can inquire for more indications of the actual dimensions to get a certain look, Copending on the shape
Color and Clarity
Color and clarity are the often-understated characteristics that you need to consider before making a purchase. Although individuals have varying levels of ability when it comes to being able to distinguish color differences with the naked eye, the most common colly they are broken down into ranges: D-F is colorless, G-J is near colorless, $\mathrm{K}-\mathrm{M}$ is faint, $\mathrm{N}-\mathrm{R}$ is very light, and S $Z$ is light ('colorless' being the highest quality and most expensive and 'light' being the lesser quality, least expensive)
Ask a Professional
We hope these tips for finding the perfect diamond for an engagement ring have helped, but if you are starting to feel overwhelmed about finding the perfect ment to your partner-don't worry. Pineforest Jewelry has you covered! We have a variety of high quality diamonds that are ethically sourced, and we can meet various customer requests. We carefully select diamonds based on your desired shape, size, color, and clarity to ensure you get the greatest value
for your hard earned money. Contact us today if you are looking for more advice!
Credit to K. Rosengart for this article
Thank you for reading the "Ask Diamond Jim" column and for supporting the North Channel Star Newspaper! Diamond Jim is a master jeweler, diamond dealer and
precious metals broker. Pineforest Jewelry has been a proud member of the Independent Jewelers Organization (IJO) and the Retail Jewelers Organization (RJO) for many years. See more at: www.pineforestjewelry.com.
If you have questions pertaining to jewelry watches diamonds, precious stones, precious metals, and other questions related to the jewelry industry, email jmills@pineforestjewelry.com.

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## Think bigger.

粨 PineforestJewelry.com 8


Budget eyes $\$ 288.7$ billion; Priorities: Border Security, Tax Relief, Raises
For the Texas House and
Senate, there is not much daySenate, there is not much day-
light between each chamber's priorities in this year's legislative session. Leaders say the
focus will be on property tax focus will be on property tax
relief, border security and emrelief, border security and em-
ployee raises. Preliminary budgets from both chambers were
released last week, the Austin released last week, the Austin
American-Statesman reported, American-Statesman reported,
with a record $\$ 288.7$ billion udget for the next two years. The money in the budget is
made up of $\$ 93.7$ billion in federal funds, $\$ 130.1$ billion in state general revenue funds, nd $\$ 64.9$ billion in other funds.
The The tussle likely comes
when lawmakers start spending a whopping $\$ 32.7$ billion budget surplus sitting in the state's coffers from the previus biennium.
Gov. Dan Patrick wott and Lt Gide property tax relief to ho-
vict meowners, with Patrick proposing raising the homestead exemption to $\$ 70,000$
from $\$ 40,000$. Both draft bud from $\$ 40,000$. Both draft budalmost half the surplus - for property tax relief.
Increased funding for border security, public education and for raises for state employ-
ees are also in the draft budees are also in the draft bud-
gets, which are likely to change several times before session's end. The Texas Tribune reported the preliminary budgets still
leave more than $\$ 50$ billion in leave more than $\$ 50$ billion in
state funds up for grabs. One of the biggest challenges is that state law and the Texas Constitution set limits on how much tax spending can OSSIBLE END TO POSSIBLE END TO
CONFEDERATE HEROES DAY? A 50 -year-old state holiday honoring soldiers who fought
for the Confederacy in the Civ or the Confederacy in the Civawmaker who wants to end the holiday. State Rep. Jarvis Johnson filed the bill, telling thex American
Statesman "
This is not the Statesman, "This is not the look we w
Johnson has filed this measure before without success. Confederate monuments on public grounds have drawn omplaints across the state, in-
luding the Texas Capitol.


The day is observed on Jan. ert E. Lee On occasion the hol ert E. Lee. On occasion, the ho-
iday celebrating slain civi rights leader Martin Luther King, which is held on the third Monday in January, and Con-
federate Heroes Day fall on the federate feroes Day fall on the
same day wh day. While (the King holiday) is a reminder that we are all cre-
ated equal, how do we simultaneously celebrate an ideology
that has been linked with that has been linked with op pression and sumb

NATURAL GAS SUPPLIES HELD UP DURING WINTER STORM The bout of sub-freezing
temperatures blanketing much temperatures blanketing much
of the state a few days before Christmas sparked concerned for the state's electric grid which reached its highest peak for the entire year. But the grid
held, and natural gas supplie held, and natural gas supplies
to power plants were ample, to power plants were ample,
state officials said. The Texas Railroad Commission issued a press release saying, "There was ample nat-
ural gas supply to help the ural gas supply to help the
state's electricity supply chain state's electricity supply chain
and keep Texans safe." The agency said it would continue to inspect natural gas facilities throughout the winter to ensure "infrastructure is
hardened against extreme hardened against The Federal Energy Regusaid the grid is still at risk of failure during extreme winter conditions, such as what hap-
pened in February 2021 with pened in February 2021 with
Winter Storm Uri. Overhaul plan for power
Orket gets initial approv market gets initial approv
${ }^{\text {al }}{ }_{\text {The Public Utility Commis }}$ sion last week approved a po-
tential overhaul of the Texas

## HIGHLANDS <br> $\mathfrak{S t a r} \star C \operatorname{mutur}$

Barbers Hill $\gtrsim$ Dayton PRESS
North Channel * Star

electricity market in hopes of attracting private investment in new power plants,
the Statesman reported. However, the Texas Legislature has ultimate approval. Critics say
the plan is untested and could the plan is untested and could
increase electric bills for con$\underset{\text { sumers. }}{\text { shbott }}$
Abbott has already backed the plan, which is an effort to make the power grid, managed
by the Electric Reliability by the Electric Reliability
Council of Texas, more reliable. It is intended to encourage more private investment in "plants that can turn on and off quickly depending on need." If approved by legislators, the plan could take up
years to implement.

## LAWMAKERS HIGHLIGHT

 STATE'S FRAGILE WAINFRASTRUCTURE NFRASTRUCTURE A bipartisan group of 38
state legislators have banded together to educate fellow lawmakers about water security issues, the Texas
Tribune reported. Aging infrastructure and lack of funding have created water-supply problems across the state, particularly in rural areas. Last year there were more
than 3,000 boil-water notices than 3,000 boil-water notices water quality was in doubt. Seven of the 10 water systems that issued the most notices were in rural parts of East Texans, the Tribune reported after Commission on Environmental Quality. There have already been 79 boil-water notices in January.
The gro The group is not ad
for any specific bills. for any specific bills.
"Water security is criti important to all Texans and our economy," state Rep. Tracy King, who heads the caucus, said in a statement. "We must and strategize long-term to manage our water resources efficiently."
STATE'S NEWEST HISTORIC SITE The Texas Historical Com274 years old. Presidio la Bahia was the site of the Goliad Massacre in March 1836. More than 300 Texians were held inside the church before being The presidio was estab lished on that site in 1749 during the Spanish colonial period. The fort became the nucleus of the modern-day city of Goliad.
The Presidio underwent restoration in the 1960s under the oversight of renowned restoration architect Raiford Stripling of San Augustine. More than 33,000 people visit the Presidio each year, according to its website

## COVID-19 CASES,

HOSPITALIZATIONS DROP The number of new COVID-
19 cases in Texas during the 19 cases in Texas during the
past week reported to the Coronavirus Resource Center at Johns Hopkins University was 26,996 , down about a third from the previous week, with 270 new deaths, up from
148. The number of lab-confirmed COVID-19 hospitalizations in the state, according to the Texas Department of State Health Service, totaled 2,837, which was down 17\% from the

Complimenting Strangers
"I have to say, that is a very nice hat!' I told the man as he
passed me on the sidewalk. The man in the snazzy blue fedora had a serious look on his
face, as if he was thinking deepface, as if he was thinking deep-
ly about something far more imly about something far more im-
portant than the indigo-blue hat with the red feather sitting on his head.
But whatever less-than-
cheerful thought hed cheerful thought had been pre-
occupying him (the gatherin occupying him (the gatherin
clouds? The declining stock market? His expanding waistline?, it was whisked away when I complimented his dapper blue hat, and his face broke into a genuine smile. I know people who say you
shouldn't compliment strang${ }^{\text {ers. }}$ "It is intrusive," they say. "It's fake." "Nobody wants a stranger commenting on their appearance!"
I think this
sense.
sense.
Everyone likes a compli ment. I think it means even
more coming from a stranger more coming from a stranger. I
don't interrupt conversations don't interrupt conversations t
compliment someone. I don't make things up or complimen something I don't genuinely ad mire. I don't think anyone has ever looked offended when I told
them they looked them they looked good or some-
thing they were wearing was attractive.
I find myself complimenting strangers several times every day. Itry to pay attention when I'm on my walks. I try to savo tiful and, much of the time, this is either dogs (because dogs are always interesting and beautiful), or people. I have also com plimented gardens, but the
people responsible are rarel people responsible are rarely
around to get these compliaround to get these compl
ments. The nice thing about complimenting clothing is that the person associated with it is right there, ready to receive the positive feedback "Thank you"
I'm sure he knew it was a good-looking hat. It was probably an expensive hat; I haven
bought enough hats to bought enough hats to know.
But it doesn't really matter But it doesn't really matter
Even if someone has paid a lot for something-or perhaps especially if they have-they like to know that it was money well spent, that they look good an that someone
try to notice.
try to notice.
I've complimented older women on their coats and scarves, young women on the
color of their hair (especilly color of their hair (especially if
it is blue or green) it is blue or green), and tough
looking men on their clever $T$ shirts. It is always surprising how the people who look the most withdrawn are usually the pleased. The yon the most pleased. The young man may
have forgotten what $T$-shirt he put on that day buthe's pleased put on that day, but hes please
to know it met with an appreciative audience-even if that audience was the slightly odd, cheerful older woman. "Thank!"' he'll say, looking absurdly pleased.
absurdly pleased.
It doesn't matter if it's odd I've learned. It doesn't matter where the comment comes from, It really does not matter at all.
We all want to be seen. We want to know that we do not want to know that we dis
walk invisble in this world. No one wants to feel alone in a crowd. Compliments may seem trivial or superficial, but sometimes they are the easiest way
to throw a line to someone and say, "I see you! Seeing you makes me happy." It costs nothing. And I think it can be more important than we will ever
know. know.
The
The man in the blue hat had a little more bounce in his step
as he walked past me. I have no illusions that I changed his day significantly. But that's not my
job. My job is to be me lim job. My job is to be more like
that little bird who sings the same song, day after day, and same song, day after day, and
makes the world just the smallest bit sweeter.
Till next time,

Carrie
Photos and other news can

## North Shore Senior High School Student Pens Award-Winning Poem



Pictured: NSSHS Administrative Team Members; (front row) Dr. John Moore, NSSHS principal; and Wanda Heath Johnson GPISD Board Trustee

Houston, TX: Galena
Park ISD recognized Miya Willis, North Shore Senior High School (NSSHS) student, for receiving the
iWRITE and Bryan Museum Editor's Choice Poem Award for her submission entitled "I Am From Texas." Miya was also award-
ed a $\$ 2,000$ scholarship were presented to Miya $\begin{array}{ll}\text { and made history by hav- } & \text { Willis on behalf of the Ga- } \\ \text { ing her poem included in I } & \text { lena Park ISD Board of }\end{array}$ Am Texas Am Texas, the largest pub- Trustees and Dr. John lished book in the world by Moore, Superintendent of
kids. iWRITE offers stukids. iWRITE offers stu-
dents the opportunity to submit short stories, po ems, and artwork in an annual publishing contest.
A medal and certificate

mie L. Smith
Photo Credit: Christopher Gause

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RSV, flu and COVID-19: How can you tell the difference? A Doctor


How to tell the difference between
covid-19
The "tripledemic" of flu, are on the rise this holiday season, leaving many won dering which virus they've
caught. Here's how to tell caught. Here's how to tell
the difference: the difference:
The "tripledemic" of flu are on the rise this holiday season, leaving many won dering which virus they've
caught. Here's how to tell caught. Here's how to tell
the difference: the difference:
SAN FRANCISCO Doctors are seeing multiple different viruses circulate the community at in creased rates. "tripledemic" - of influenza (flu), COVID-19 and respiratory syncytial virus same have many of the same symptoms in com-
mon, and it is hard to tell mon, and it is hard to tell
which one you've caught which one you've caught.
We talked to Dr. David Hoffman, pediatric hospitalist at MarinHealth Medical Center, to share his insights on how to tell them apart and when you
should and shouldn't wor-
ry. "While it's impossible to know for sure which one of these viruses you have without testing, there are
some distinctive symptom for each virus," Dr. Hoff man said.
Here are some symptoms of each and a guide on what to do if you or a fam ly member is falling sick.
INFLUENZA influenza
The flu typically comes on very suddenly with an incubation period of one to
four days, unlike COVID four days, und to have
19 , which tends to gradual onset of symptoms. gradual onset of symptems
Typically, people feel more miserable with the flu than with other types of virus es, and it often comes with
a sore throat, nausea, body aches, vomiting, or even diarrhea. A distinctive sign of the flu can be a very high fever - as high as 103 or 104 Fahrenheit. Fever is
just the body's way of fight just the body's way of fight
ing the infection and is not dangerous in and of itself. Dr. Rochelle Walensky, "He director, said "Hospitalizations for flu we've seen for this time o year in a decade. If you do get sick, present yourself to your provider for early care. There are good antivirals to treat COID-19.
gesting people voluntarily
wear masks indoors to re
duce their chances of get ting sick in the next few
weeks. weeks.
both vaccines - experts say you start getting protection within a week with a boost
${ }_{\text {Dist }}$
${ }^{\text {tic }}$ The most distinctive sign of the flu can be a ver high fever in the 103 to 10 range.
Flu s.

Flu symptoms include: Fever
Chills
Headache
Headache
Runny nose
Nausea
Fatigue
Fatigue
Loss of appetit
Loss of appe
Sore throat
COVID-19
Overview
"The coronavirus has be
come familiar to most of us, and the signs are similar to
flu and RSV. To complicate it further, some people become very ill, while others have very mild symptoms, and others show no symp toms at all. While most
people develop symptoms people develop symptom
within the first week after exposure, symptoms can occur from two up to 14 days after exposure to th virus."
Distinctive characteris-
${ }^{\text {tic }}$ "Unlike other viruses, COVID-19 can affect other areas of the body outside of

stances, cause long-term COVID-19 symptoms in. clude:

## Cough Brief fever

Brief fever
Shortness of breath
Abdominal pain Loss of taste or smell
Congestion
Fatigue
Fatigue Sore Throat
Nausea or vomiting
Nausea or vomiting
Diarrhea
Muscle or body aches Headache

## Overview

RSV is a virus that many adults would have already caught and it genymptost causes cold you think back to that cold that you got that just wouldn't go away, you kept having congestion and perlonger cough that lasted a decent chance that that was RSV Ance that that symptoms of flu can include fever, chills, headache, runny nose, or congestion, nausea, fatigue, loss of appetite and sore throat," Dr. Hoffman
said. RSV
nose, congestion, and cough for most people. According to Dr. Hoffman, RSV has a greater likeliness in very young children, especially those born premature or who have lung disease or heart disease. The most distincchildren infected with RSV will exhibit is wheezing. Wheezing is a high-pitched sound with each exhala"Fion.
"For most people, and doen most kids, RSV illness. But it does in a subet of kids. Even kids with significant illness that require hospitalization are usually going to do just little bit of oxygen, maybe they just need to be watched closely. RSV is most likely to cause signifcont or, you know, more young children and very old adults," Dr. Hoffman said.
Distinctive symptom The most distinctiv ymptom that some chil-
dren infected with RSV will exhibit is wheezing, a high-pitched sound, with each exhalation.
RSV symptoms include
Runny nose
Decreased appetite
Coughing
Sneezing
Fever
Wheezing

When to see a doctor Dr Hoffman says to seek hese symptoms away | - Trouble breathing |
| :--- |
|  | - Pain or pressure in the chest - New confusion stay awake - Bluish lips or face Severe abdominal pain

Refusing to eat and drink
Whe
When should I keep my When shou
child home?
If your child is exhibiting any symptoms of RSV, flu, or COVID-19, health experts advise you to keep
your child home from school to avoid spreading the virus to other people. It doesn't matter which of the iruses is the culprit. Caution should be taken to pre ent the spread Prevention: How to keep Prevention is the best medicine, particularly with
these viruses. These sug-
gestions are good ideas to - Get your viruses: nated for flu, COVID-19 pneumococcus, and pertus sis. Wash your hands re ularly or use hand sani$\stackrel{+}{\text { tizer. }}$ - Sanitize high-contact surfaces, such as desks, ta
bles, and doorknobs, if bles, and doorknows, is sick.

- If your child is sick have them stay home to avoid spreading the illness. about RSV but we do see other viruses in the community as well, like metapneumovirus, which can cause bronchitis or signifi cant respiratory infection,
or viral pneumonia. are thousands of viruse that we don't have tests for so we don't know exactly which virus it is, but were definitely seeing more of many different respirator
infections," Dr Hoffman said.
He says the most impor tant message he wants to impart to parents is you can do a lot more harm to
yourself by being overly concerned.
"By being anxious and increasing stress, you therefore are making your self more susceptible to al types of illness, chronic dis
ease, and infection,' ease, and inf
Hoffman says.
"That said, I do think that everyone should do whatever they can do to protect themselves from all
of the respiratory illnesses and other vaccine prevent able illnesses out there. He encouraged all pregnan mothers to get their pertus-
sis vaccines during the sis vaccines during their
pregnancy to 'cocoon' their pregnancy to 'cocoon' their
unborn child, and prevent ing by preventing themselves from getting pertussis," he says.
Similarly, he Similarly, he urged kids vacet the pneumococcal
vacine (whooping cough) "Get the COVID-19 and flu vaccine for kids and adults. The flu vaccine will make you perhaps feel like you have a very mild cold getting seriously ill, or even dying from influenza. So a lot of people choose not to get the flu vaccine be cause they don't like that
But really the benefits are much greater than the very small risks of getting the flu vaccine or the inconve nience of getting the flu vaccine," Dr. Hoffman said. great idea to rush to your pediatrician's office or your primary care provider's of fice just to get tested, to try and figure out which one of these you have, aside from
perhaps doing COVID-19 perhaps doing COVID-19
testing because most people who get RSV and flu and COVID-19 are going to do just fine. And so it's re ally only about dictating whether or not you need long," he said. The fact is that these
respiratory viruses tend to respiratory viruses tend to
crop up with similar sympcrop up with similar symp
toms, such as cough, runtoms, such as cough, run
ny nose, and fever Fortunately for most chil dren, it doesn't matter which of these, or the thousands of other viruses causing respiratory illnesses or colds, your child has. Mos
children will recover from all of these viruses on their own, without receiving medical treatment and without serious complica tions. If your child is sick ID-19 first to inform if and how long you need to iso-
late your child at home. late your child at home.

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## Investiture for Judge Lozano, <br> CONTINUED FROM PAGE

watching her parents ex haust whatever resourc es they had to make end meet. And from an early ge, Dolores parents taught her the value of sized the importance of education.
In the early 90 s , the ondition and state of sent her parents on a search for more opportunities.
Dolores earned a schol rship to Baylor Unive sity in Waco, where she became the first-genera tion college graduate with a degree in Commu Disorders. She worked several jobs to pay for her tuition expenses, over came institutional barriers, and survived an abusive relationship
Candidate Lozano's goals. Three key goals were, no student should feel silenced within the education system, betion programs should be more intentional and focused. No family should feel like eviction is inevitable, because the judge just wouldn't listen."No ne should feel the bur en of without a transla or, because everyone should be able to self-advocate in the language that feels most comfortable for them.
The Investiture began
ith Congressman

Green, he said he began his elected office career as a Justice of the Peace. Tm honored to give the fied person. administer fair justice The torch has been passed from one generation to another here today. State Rep. Ana Her 2023 gave Lozano her of ficial oath. She said this, "I was truly honored to administer the oath of office for newly elected, lation! I'm proud of you and know that you will continue to serve our community with passion and integrity."

## County Commissioner

 Adrian Garcia said, "I'm confident this court will serve the people well restances."State Rep. Jolanda Jones said, "We need young people in elected offices, Dolores is the fufair regardless of who may bring an expensive lawyer representing them."
Olivia Julianna said, "The court is to represent the people, Dolores will do that with honor and dignity. She's been my support person for many
years, I trust her comyears, I trust her com-
pletely, and I won't call pletely, and I won't call my family." my family.
given by Dallas

Jacinto City PD and TxDOT promote S.T.E.P. (Don't Text and Drive)


Jacinto City Police Department \& Txdot S.T.E.P. program, |Strategic-Traffic Enforcement-Program. It allows officers to work overtime to tackle problem traffic
areas of the city to prevent accidents etc. and promoting don't text and drive.
L-R: Back row: Jocelyn Trejo holding child, Alonso Villarreal, Hanna Collums, JCPD Lt. M. Longrigg \& Det. R. Barker. Front row: left Justin Godoy, Anderson Gomez

Senator Alvarado honors Houston
Astros on Opening Day of Lesislature


On Opening Day of the State Lesislature, State Senator Carol Alvarado poses with the World Series
Championship Troophy and Houston Astros, pitcher Ryan Pressly, Catcher taso Championship Trophy and Houston Astros, Pitcher Ryan Pressly, Catcher Jason Castro, and Astros
Owner Jim Crane. GO STROS

## ENTERTAINMENT

Amber Waves
by Dave T. Phipps


by Linda Thistle

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|  |  | 3 |  | 6 |  | 2 |  | 4 |

 DIFFICULTY THIS WEEK: * *

- Moderate $*$ Challenging


(red shirt) \& sofia Gomez (right).
Photo by Allan Jamail
Photo by Allan Jamai
Jones,Fountain of Praise, a performance by Tarion
and welcome remarks were made by Lozano's husband, Kory Haywood. The Donning of the Robe was done by Lozano's parents Lillian and Jose Lozano and Paula
Haywood. aywood
Judge Lozano's made Several closing remarks. attendance and thanked her parents and family for all their sacrifices that made this event possible. She wanted to stress that, "Education is Power." She said, "My goal is o have a more compas that's truly the people's court."
She's said, she wants ple's court to be the that's convenient, compassionate and community-centered.
The Benediction was Fusilier. She prayed for Judge Lozano and for her to have the wisdom to give us an example to be able to follow her with honor as she's done, and she prayed for the community
staff.
Just

Justice of the Peace Court, Precinct 2 Place 2 ey, Ste B, Pasadena, TX 77506. Phone: 713-274${ }^{6105}$
courthouse conty dena/precinct-2-place

January 23, 2023 Posting Date

2Trivia test ${ }_{\text {Roffifinuz }}$

1. MUSIC. Which band sang the theme song to 2. ANATOMY: What is the only bone in the human body that isn't attached to another bone 3. LITERATURE: What is the setting for the "Anne of Green Gable"" novel series?
2. TELEVISION: Who plays the lead role in 4. TELEVISION: Who plays the lead role in
the sitcom "Mr. Mayor"?
3. GEOGRAPHY: Where are the Spanish Steps the sitcom "Mr. Mayo"",
4. GEOGRAPHY: Where located?
5. HISTORY: How long did the first man in space, Yuri Gagarin, orbit the planet?
6. AD SLOGANS: Which restaurant chain advises customers to "eat fresh"?
7. SCIENCE: What is the only form of energy that can be seen with the human eye?
8. ANIMAL KINGDOM: With which animal do humans share $98.8 \%$ of their DNA?
9. MOVIES: Which movie features the famous line, "I see dead people"? 2022 King Features Synd. Inc

- promssouj buty




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